







## Online learning resources





This document outlines a range of accessible e-learning resources related to palliative and end of life care. It is not inclusive of all resources but intends to signpost to reputable e-learning UK resources.





In 2017 NHS Education for Scotland and the Scottish Social Services Council published [Enriching and Improving Experience. Palliative and end of life care. A framework to support the learning and development needs of the health and social service workforce in Scotland](#). The framework presents four levels of knowledge and skills that outline what workers need to know and be able to do, depending on their level of involvement in palliative and end of life care, and their role responsibilities in caring for and supporting people with palliative and end of life care needs, their families and carers. The knowledge and skills are presented across five domains. Please refer to framework for full description of domains, levels and knowledge and skill statements.



Levels	Domains	Domain key	
<ul style="list-style-type: none"> <li>Informed</li> </ul>	<ul style="list-style-type: none"> <li>Fundamentals of palliative care</li> </ul>		
<ul style="list-style-type: none"> <li>Skilled</li> </ul>	<ul style="list-style-type: none"> <li>Communication and conversations</li> </ul>		
<ul style="list-style-type: none"> <li>Enhanced</li> </ul>	<ul style="list-style-type: none"> <li>Loss, grief and bereavement</li> </ul>		
<ul style="list-style-type: none"> <li>Expert</li> </ul>	<ul style="list-style-type: none"> <li>Care planning and delivery</li> </ul>		
	<ul style="list-style-type: none"> <li>Care in the last days of life</li> </ul>		




An indication of the level of the resource and domain content of the e-learning resources is given for guidance only.




The usefulness of the resources will depend on the user and their individual learning needs.







Provider	Course details	Topic area	Target audience	Framework level	Access	Web link Indicative domain content
BMJ Learning	Range of learning modules	Modules include <ul style="list-style-type: none"> <li>• Palliative care in the community</li> <li>• Palliative care in the out of hours period</li> <li>• Palliative care in non-malignant disease</li> <li>• Ask the consultant Palliative care</li> <li>• Hospital presentations: palliative and end of life care</li> </ul>	Healthcare professionals	Resource content ranges from Skilled to Enhanced level	Requires subscription and login	<a href="https://learning.bmj.com/learning/home.html">https://learning.bmj.com/learning/home.html</a> 
British Geriatrics Society	End of life care in Frailty	23 chapters addressing topics related to a palliative and end of life care in frailty	Health and social care professionals	Resource content ranges for skilled to enhanced	Free and open access	<a href="https://www.bgs.org.uk/resources/resource-series/end-of-life-care-in-frailty">https://www.bgs.org.uk/resources/resource-series/end-of-life-care-in-frailty</a> 
Cancer pain management	Four modules about managing cancer pain	Pain management	Healthcare professionals	Skilled level	Free	<a href="http://www.cancerpain.org.uk/homepage.htm">http://www.cancerpain.org.uk/homepage.htm</a> 
Chest, Heart and Stroke Scotland	Heart Education Awareness Resource and Training through e learning (HEARTE)	13 e-learning modules related to cardiac care including heart failure and palliative care	Health and social care workforce	Skilled level	Free	<a href="https://www.heartelearning.org/">https://www.heartelearning.org/</a> 




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Chest, Heart and Stroke, NES and University of Edinburgh	Stroke Awareness and Training STAR	19 'Advancing Stroke' modules . Including palliative and end of life care	Healthcare professionals	Skilled level	Free	<a href="http://www.strokeadvancingmodules.org/node.asp?id=home">http://www.strokeadvancingmodules.org/node.asp?id=home</a> 
Chest, Heart and Stroke, NES and University of Edinburgh	RESPe Respiratory education through e-learning	4 modules which provide basic knowledge of common respiratory conditions. The 'Management ' module contains information care towards the end of life for people with respiratory conditions	Health and social care workforce	Skilled level	Free	<a href="http://www.respelearning.scot">www.respelearning.scot</a> 
Child Bereavement Network UK	Supporting bereaved children	Loss, grief and bereavement	Health and social care workforce	Informed	Free	<a href="https://childbereavementuk.org/">https://childbereavementuk.org/</a> 
EC4H Effective Communication for Healthcare	Website contains useful links and resources relating to communication	Communication in health care. REDMAP 6 step approach ACP	Health and social care	Skilled/ Enhanced	Free	<a href="https://www.ec4h.org.uk/">https://www.ec4h.org.uk/</a> 

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E- Learning for Health NHS Health Education England	End of life care for all	There are over 160 highly interactive sessions which are grouped into 9 modules:  Advance Care Planning Assessment Communications Skills Symptom Management Social Care Bereavement Spirituality Integrating Learning Specialist Content	Health and social care workforce	Resource content ranges from Skilled to Enhanced level	Free but access restricted. Requires Athens login for NHS Scotland users.	<a href="https://www.e-lfh.org.uk/programmes/end-of-life-care/">https://www.e-lfh.org.uk/programmes/end-of-life-care/</a>  
E- Learning for health NHS Health Education England	End of life care for all Public access	6 public access sessions	Health and social care workforce	Informed level	Free	<a href="https://www.e-lfh.org.uk/programmes/end-of-life-care-for-all-public-access/">https://www.e-lfh.org.uk/programmes/end-of-life-care-for-all-public-access/</a>  
Future Learn	Range of online courses provided Short course and in depth programmes	Health and psychology courses Need to search for available courses.	Public, volunteer health and social care workforce	Various	Registration required  Some course open access. Some have a fee attached.	<a href="https://www.futurelearn.com/">https://www.futurelearn.com/</a>






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General Medical Council	Treatment and care towards the end of life	Guidance and learning resources	Medical staff	Resource content ranges from Skilled to Enhanced level	Free	<a href="https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/treatment-and-care-towards-the-end-of-life">https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/treatment-and-care-towards-the-end-of-life</a> 
Good Life, Good Death, Good Grief		Although not a learning resource this site contains valuable information, advice in relation to increasing openness about death , dying and bereavement	Public, volunteer health and social care workforce	Resource content ranges from Informed to Skilled level	Free	<a href="https://www.goodlifedeathgrief.org.uk/">https://www.goodlifedeathgrief.org.uk/</a> 
Heath Improvement Scotland	Anticipatory care planning toolkit	Anticipatory care planning	Health and social services workforce	Resource content ranges from Informed to Skilled level	Free	<a href="https://ihub.scot/anticipatory-care-planning-toolkit/">https://ihub.scot/anticipatory-care-planning-toolkit/</a> 



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Hospice UK, St Oswald's Hospice and Together for Short Lives	Current learning in palliative care. (CLiP)	Series of case-based, self-learning workshops CLiP for adults: 65 units at introductory, intermediate and advanced levels.  CLiP for children and young people under development.	Health and social care workforce	Resource content ranges from Skilled to Enhanced level	Free	<a href="http://www.clip.org.uk/">http://www.clip.org.uk/</a> 
Macmillan Cancer Support	Learn Zone	Range of learning resources focused on cancer, palliative care and bereavement	Public, volunteer health and social care workforce	Resource content ranges from Informed to Skilled and Enhanced levels	Free Requires registration	<a href="http://learnzone.org.uk/courses/">http://learnzone.org.uk/courses/</a> 
Marie Curie	Palliative Care Knowledge Zone	Ranges of information about palliative care topics	Health and social care workers	Resource content ranges from Informed to Skilled level	Free	<a href="https://www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone">https://www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone</a> 

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Motor Neurone Disease Association and Northampton University	Care worker module 7 units: Each takes 15 minutes to complete.	Motor Neurone Disease  Introduction to MND Eating and swallowing Breathing Moving Thinking Communicating End of life	Health and social care workers	Resource content ranges from Informed to Skilled level	Free Enrolment required	<a href="https://www.mndassociation.org/forprofessionals/careworkers/careworkermodule/">https://www.mndassociation.org/forprofessionals/careworkers/careworkermodule/</a>  
NHS Education for Scotland (NES) and Scottish Social Services Council	Equal Partners in care resource	Carers  Essentials Carer identification Conversations 1 Core skills Conversation2 Complexity Planning Recording Hospital to Home	Health and social care workers	Resource content ranges from Informed to Skilled level	Free	<a href="https://learn.nes.nhs.scot/22660/person-centred-care-zone/carers/equal-partners-in-care">https://learn.nes.nhs.scot/22660/person-centred-care-zone/carers/equal-partners-in-care</a>  
NES	Emotion Matters	Explores the psycho-social aspects of long term conditions.  Not specific to PEOLC but very relevant to the communication and conversations domain	Health and social care workforce	Resource content ranges from Skilled to Enhanced level	Free	<a href="http://www.knowledge.scot.nhs.uk/media/13261918/emotionmatters2018-re.pdf">http://www.knowledge.scot.nhs.uk/media/13261918/emotionmatters2018-re.pdf</a>  

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NES	Informed about palliative care. Introductory learning resource Aligned to the NES SSSC Workforce framework for palliative and end of life care	All domains	Health and social care workforce	Informed level	Free	<a href="https://learn.nes.nhs.scot/3098/palliative-and-end-of-life-care-enriching-and-improving-experience/informed-about-palliative-and-end-of-life-care-print-version">https://learn.nes.nhs.scot/3098/palliative-and-end-of-life-care-enriching-and-improving-experience/informed-about-palliative-and-end-of-life-care-print-version</a> 
NES	Dementia resources	Promoting Excellence courses mapped to the NES SSSC Promoting Excellence Framework	Health and social care workforce	Resource content ranges from Informed to Skilled level	Free	<a href="http://www.knowledge.scot.nhs.uk/home/portals-and-topics/dementia-promoting-excellence.aspx">http://www.knowledge.scot.nhs.uk/home/portals-and-topics/dementia-promoting-excellence.aspx</a> 
NES	Support around death	Website with a range of educational resources and videos on support around death, dying and bereavement	Health and social care workforce	Resource content ranges from Informed to Skilled level	Free	<a href="http://www.sad.scot.nhs.uk/">http://www.sad.scot.nhs.uk/</a> 



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NHS Education for Scotland	DNACPR- NHS Scotland policy and clinical practice video	Do not attempt cardiopulmonary resuscitation policy and decision making	Health and social care workforce	Resource content Skilled to Enhanced	Free	<a href="https://vimeo.com/364270471">https://vimeo.com/364270471</a> 
NES and Scottish Government	Do Not Attempt Cardio Pulmonary Resuscitation	Videos which demonstrate DNACPR conversations in different settings <a href="https://vimeo.com/364270471">https://vimeo.com/364270471</a>	Health and social care workforce	Resource content ranges from Skilled to Enhanced level	Free	<a href="https://vimeo.com/185304398">https://vimeo.com/185304398</a> <a href="https://vimeo.com/185304400">https://vimeo.com/185304400</a> <a href="https://vimeo.com/51682098">https://vimeo.com/51682098</a> <a href="https://vimeo.com/185304394">https://vimeo.com/185304394</a> <a href="https://vimeo.com/185304393">https://vimeo.com/185304393</a> 
NHS Scotland	Palliative care guidelines	Provides consensus guidelines on good practice in the management of adult patients with life-limiting illness	Health care professionals	Resource content ranges from Skilled to Enhanced level	Free	<a href="http://www.palliativecareguidelines.scot.nhs.uk/">http://www.palliativecareguidelines.scot.nhs.uk/</a> 
NHS Scotland and Cruise Bereavement Care Scotland	Bereavement and loss for NHS Scotland	8 modules on bereavement and loss	Health care professionals	Informed to skilled level	Free	Accessible through NHS staff Learn pro account under CPD. 
Open University	Living with death and dying Open access module	Explores how knowledge and beliefs about death and encounters with death affect people's lives and the concept of 'a good death'.	Public, volunteer health and social care workforce	Informed level	Free	<a href="http://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/living-death-and-dying/content-section-0?active-tab=description-tab">http://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/living-death-and-dying/content-section-0?active-tab=description-tab</a> 

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Open University	An introduction to death, dying and grief 7 hours to complete.	Open access modules which explores ideas around death, dying and grief	Public, volunteer health and social care workforce	Informed level	Free	<a href="http://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/introduction-death-dying-and-grief/content-section-0?active-tab=description-tab">http://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/introduction-death-dying-and-grief/content-section-0?active-tab=description-tab</a> 
Open University	Death and medicine. Postponement and promise	Open access module which explores the medicalisation of death in western society	Public, volunteer health and social care workforce	Skilled level	Free	<a href="http://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/death-and-medicine-postponement-and-promise/content-section-0?active-tab=description-tab">http://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/death-and-medicine-postponement-and-promise/content-section-0?active-tab=description-tab</a> 
Royal College of Nursing	Getting it right every time	Fundamentals of care at the end of life	Health and social care workforce	Skilled level	Free	<a href="http://rcnendoflife.org.uk/">http://rcnendoflife.org.uk/</a> 